POST-TRAUMATIC STRESS DISORDER

Sometimes things happen to people that are very scary or upsetting,--things that do not happen to most people and are so bad that almost anyone would be scared or really upset. Has anything like that ever happened to you? (USE SPECIFIC TRAUMA PROBES ON PAGE 23, IF NEEDED. LIST ALL TRAUMATIC EVENTS MENTIONED; RECORD DETAILS BELOW.)
IF NO TO ALL OF THE ABOVE CHECK HERE _____ AND GO TO ***GAD***, F. 22

Event # Brief Description Date (Mo/Yr)

POST-TRAUMATIC STRESS DISORDER CRITERIA

A. The child has been exposed to a traumatic event in which **both of the following** have been present:

Rate based upon above description

(1) the child has experienced, witnessed or been confronted with an event or events that involve actual or threatened death or serious injury, or a threat to the physical integrity of himself or others

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

IF UNKNOWN: When that was happening, were you very scared? Did you feel like you couldn't get away, like you were frozen in place or trapped? Did anyone tell you what you acted like when that was happening to you?

(2) the child's response involved intense fear, helplessness, or horror. **(Note: In children, it may be expressed instead by disorganized or agitated behavior.)**

	?	1	2	3
CHI				
PAR				
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BEST				

FOR PARENT: Was your child's behavior very disorganized or agitated?

"A" CRITERIA MET

?	1	3

↑ ↑

GO TO ***GAD*** F. 23	A criteria met

?=inadequate information 1=absent or false 2=subthreshold 3=threshold or true

Now I'm going to ask you some questions about ways that (this event/these events) may have bothered you.

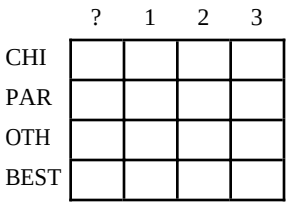
B. The traumatic event is persistently reexperienced in **at least one** of the following ways:

Have you been bothered by thoughts about (this event/any of these events) even when you tried not to think about it?

What about picturing what happened over and over, even when you tried not to?

FOR PARENT: Did your child seem to be repeating some themes of the trauma in his/her play over and over?

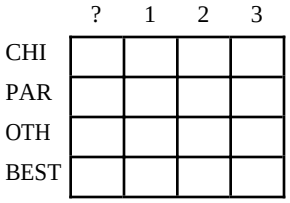
(1) recurrent and intrusive distressing recollections of the event, including images, thoughts or perceptions. **Note: In young children, repetitive play may occur in which themes or aspects of the trauma are expressed**



How about having bad dreams over and over?

IF YES: What were they about? (Were they about [the event]?)

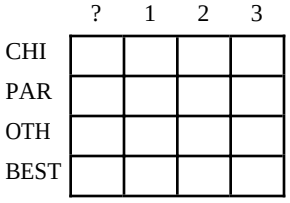
(2) recurrent distressing dreams of the event. **Note: In children, there may be frightening dreams without recognizable content**



How about finding yourself acting or feeling as though you were right back in that time, as if it were happening all over again?

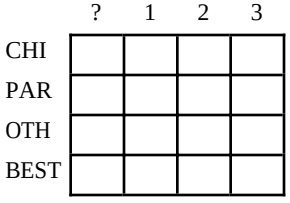
FOR PARENT: Did it seem that your child was re-playing [the event] as if s/he were in sleepwalking or in a dream?

(3) acting or feeling as if the traumatic event were recurring (includes a sense of reliving the experience, illusions, hallucinations, and dissociative (flashback) episodes, INCLUDING THOSE THAT OCCUR UPON AWAKENING OR WHEN INTOXICATED) **Note: In young children, trauma-specific reenactment may occur**



Do you find yourself becoming very upset when something reminds you of [the event/s], even something small or very personal?

(4) intense psychological distress at exposure to internal or external cues that symbolize or resemble an aspect of the traumatic event



What about finding your body reacting in some way when something reminds you of (the event/s), even something small or very personal?

(5) physiologic reactivity upon exposure to internal or external cues that symbolize or resemble an aspect of the traumatic event

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

"B" CRITERION MET (At least one "B" SX was coded "3")

?	1	3

↑ ↑

GO TO ***GAD*** F. 23	B criteria met

Since [the trauma]...

C. Persistent avoidance of stimuli associated with the trauma and numbing of general responsiveness (not present before the trauma, as indicated by **at least three** of the following:

...have you tried hard not to think about what happened to you?

What about trying not to have any feelings or talk with anybody about things that would remind you of what happened?

(1) efforts to avoid thoughts, feelings or conversations associated with the trauma

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

Have you stayed away from doing things or going places or seeing people that would remind you about what happened to you?

(2) efforts to avoid activities, places, or people that arouse recollections of the trauma

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

How about having trouble remembering some important part of what happened to you?

(3) inability to recall an important aspect of the trauma

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

Since [the trauma]...

have you lost interest in things that used to be important to you, like sports, hobbies or playing with your friends?

(4) markedly diminished interest or participation in significant activities

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

...have you felt very lonely or far away from kids your own age or your parents?

(5) feeling of detachment or estrangement from others

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

...have you found that you don't feel strongly about things anymore like you're 'numb' or that you're not able to feel loving towards people who you used to feel very close to?

FOR PARENTS: Does your child seem to be numb or not able to feel loving towards people who s/he used to be close to?

(6) restricted range of affect (e.g., unable to have loving feelings)

	?	1	2	3
CHI				
PAR				
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BEST				

Since [the trauma]...
...have you noticed a change in the way you think about or plan for the future?

What do you think you'll be like when you're a grown-up? Will you get married, and have children of your own?

(7) sense of a foreshortened future (e.g., does not expect to have a career, marriage, children, or a normal lifespan)

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

"C" CRITERIA MET (At least three SXS were coded "3")

?	1	3

GO TO ***GAD*** F. 23	C criteria met

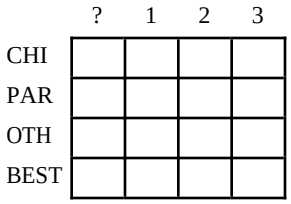
?=inadequate information 1=absent or false 2=subthreshold 3=threshold or true

Since [the trauma]...

D. Persistent symptoms of increased arousal (not present before the trauma) as indicated by **at least two** of the following:

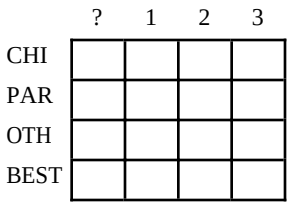
...have you had trouble sleeping? (What kind of trouble?)

(1) difficulty falling or staying asleep



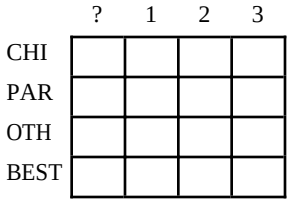
...have you been unusually grouchy? Do you have a lot of temper tantrums?

(2) irritability of outbursts of anger



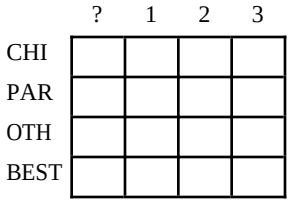
...have you had trouble concentrating?

(3) difficulty concentrating



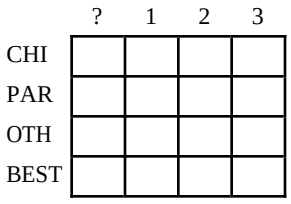
...have you been very watchful or on guard, even when there was no reason to be?

(4) hypervigilance



...have you been overly jumpy or easily spooked, by any sudden noises or other cues?

(5) exaggerated startle response



?=inadequate information 1=absent or false 2=subthreshold 3=threshold or true

Since the trauma...

...have you found your body reacting to things that reminded you of [the event/s], like breaking out into a sweat, breathing heavily or irregularly, or your heart pounding or racing?

(6) physiological reactivity to events that symbolize or resemble an aspect of the event (e.g., a child who was beaten up in an elevator breaks out in a sweat when entering any elevator)

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CHI				
PAR				
OTH				
BEST				

"D" CRITERIA WERE MET: (At least two " D" SXS were coded "3")

?	1	3

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GO TO ***GAD*** F. 23	D criteria met

IF UNKNOWN: How long have the [SXS DESCRIBED IN B, C, & D] been going on?

E. Duration of the disturbance-- **SXS IN B, C, & D**-- of **more than one month**

?	1	3

↑

GO TO ***GAD*** F. 23	E criteria met

F. The disturbance causes clinically significant distress or impairment in social, occupational (or academic), or other important areas of functioning.

?	1	3

↑

GO TO ***GAD*** F. 23	F criteria met

PTSD CRITERIA A, B, C, D, E & F ARE CODED "3"

?	1	3

↑ ↑

GO TO ***GAD*** F. 23	Post Traumatic Stress Disorder

_____ _____

Code Age at Onset of Disorder

?=inadequate information 1=absent or false 2=subthreshold 3=threshold or true

LIST OF SPECIFIC TRAUMA PROBES *

PHYSICAL ABUSE
PHYSICAL ASSAULT
SEXUAL MOLESTATION OR ASSAULT BY STRANGER
SEXUAL MOLESTATION OR ASSAULT BY A FAMILIAR PERSON
EXPOSURE TO PARENTAL/FAMILIAL VIOLENCE
NEWS OF INJURY OF A LOVED ONE
LOSS OF PARENTS OR SIBLING THROUGH DEATH OR PLACEMENT
NATURAL DISASTER
LARGE FIRE OR EXPLOSION
SERIOUS ACCIDENT AT JOB OR HOME
HOMELESSNESS
WITNESS TO MUTILATION OR MURDER

*List of traumas modified from Fullilove MT, Fullilove RF, Smith M, Winkler K, Michael C, Panzer PG, & Wallace R (1993) Violence, trauma and Post-Traumatic Stress Disorder among women drug users, Journal of Traumatic Stress, (In press).